



# Chesapeake & Potomac Region of NA

Meeting List for Apr/May 2014 (last updated 5/20/2014 09:00)

For more info, go to [www.cprna.org](http://www.cprna.org)  
call: 1-800-543-4670 or 202-399-5316  
mail: PO Box 8160, Silver Spring MD, 20907

**KEY:** Meetings ordered by Day of Week, Area, and Time of Day. Please email [meetings@cprna.org](mailto:meetings@cprna.org) with questions or changes.

75/90: 75/90 min (all else 60)	E: Candlelight	J: Just For Today	O: Open (public welcome)	V: Format Varies
A: Beginners 1-2-3 Step	F: Topic	K: Speaker	P: Information Pamphlet	W: Women
B: Basic Text study	G: Step Working Guide	L: Literature study	Q: Question/Answer	WA: Wheelchair Access
C: Closed (addicts only)	H: Childcare Available	M: Men	S: Step	Y: Young People
D: Discussion	I: It Works How & Why	N: Newcomer/Beginner	T: Tradition	Z: Meditation

For meetings in Baltimore, Annapolis and other areas in Maryland, call the Free State Region of NA 1-800-317-3222  
For meetings in Fredericksburg, Richmond and other areas in Virginia, call the Central Atlantic Region of NA 1-800-777-1515

[www.fsrna.org](http://www.fsrna.org)  
[www.ca-na.org](http://www.ca-na.org)

## SUNDAY

### Battlefield Area

8:30 PM All Things Considered O,D,WA,J. St. Marks UMC 7803 Well Street, Manassas

### Central Maryland Area

10:00 AM Breakfast Club O,D,WA. College Park Youth Service, 4912 Nantucket Rd, College Park  
10:00 AM Easy Like Sunday Morning O,D,WA,90. Springhill Lake Rec Ctr, 6101 Cherrywood Lane, Greenbelt  
11:00 AM Starting Over O,V,WA. Laurel Regional Hospital (Conf. Room), 7100 Contee Rd, Laurel  
4:30 PM The Living Clean Group O,WA,L, 90 180 Club 5100 Baltimore Ave. Hyattsville MD

7:00 PM Small Wonders C,D,WA. University Christian Church (Belcrest Rd), 6800 Adelphi Rd, Hyattsville  
7:30 PM Savage Survivors O,D,WA. Savage UMC, 9050 Baltimore St, Savage

### District of Columbia Area

7:00 AM Open Door To Freedom O,B,A,75. Church of the Epiphany, 1317 G St NW  
9:00 AM Sunday Morning Spiritual S/T,WA,90. Veterans Administration Med Center, 50 Irving St NW  
10:30 AM Coffee Hour O,D,WA,90. The View Apartment 635 Edgewood Terrace NE (9th floor)  
11:00 AM Sunday Morning Steps & Traditions O,S,T,WA,90. Howard Univ Hospital, 2041 Georgia Ave NW  
1:30 PM Another Level of Awareness O,S,90. Community for Creative Non-Violence (2nd Fl.), 425 2nd St NW  
5:00 PM Sunday Step Study O,D,WA,J. First Rising Mt Zion Ch, 602 N St NW  
5:00 PM Family Circle O,D,WA. St Martins Church, 1908 North Capitol St NW  
6:30 PM Freedom's Chance O,A,90. St Martin's Ch., 1908 N. Capitol St NW  
7:00 PM Sunday Night Spiritual Group O,D,S/T,90. St Mary's Ch (Church Hall), 717 5th St NW

7:30 PM Joyful Start O,S,T,90. Mt Zion Baptist Church, 5101 14th St NW

### Dulles Corridor Area

10:15 AM To Tell The Truth O,D,WA,J,90. Community Center Room 6 (Hunters Woods), 2310 Colts Neck Rd, Reston  
6:30 PM Third Tradition O,D,L. Community Center Room 5 (Hunter Woods), 2310 Colts Neck Rd, Reston.  
7:00 PM The Journey Continues O,D,L. Saint David's Episcopal Church 43600 Russell Branch Pkwy. Ashburn

### East of the River Area

3:30 PM Sunday Steps and Traditions Group B,C,K,S,T,V,90. St Luke's Ctr, 4923 E Capitol St SE  
4:30 PM Spiritual Meeting O,WA,A. The Chess House, 4322 Sheriff Rd NE

### Frederick Area

11:00 AM Sunday Morning NA O,D,J. Kemp Hall, 4 E Church St, Frederick  
6:30 PM Just For Today C,K,S,WA,90. CrossRoads Center, 511 West South St, Frederick

8:00 PM Bring Your Book C,G,90. The Club, 400 E Church St, Frederick

### Montgomery Area

7:45 AM Squeaky Clean O,D. AISH Learning Center, 11418 Old Georgetown Rd, Rockville  
12:00 PM Progress in NA O,S,T,WA,90. Holy Cross Resource Center (Room 7), 9805 Dameron Dr, Silver Spring  
6:00 PM Talking Heads O,D. Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase  
7:30 PM Today's Recovery O,D,WA. Seneca Creek Community Church (use front entrance), 13 Firstfield Rd, Gaithersburg  
7:30 PM The Alternative O,D,WA,E,K. Silver Spring Presbyterian Church, 580 University Blvd E, Silver Spring  
8:00 PM 'bout That Life O,L,D,M,WA. People's Community Baptist Church (Next door), 41 Norwood Rd, Silver Spring

### NORVANA

9:00 AM NA in Delray O,V,WA,90. Mt. Vernon Hospital (ENGH Conf Rm), 2501 Parkers Lane, Alexandria  
10:30 AM NA Farsi O,D. Unity Club (Farsi spoken), 116-B W. Broad St, Falls Church  
12:00 PM Just For Today Group O,J,D 75m. Unity Club, 116-B W. Broad St Falls Church  
4:00 PM NA Back Room O,S,WA,I, 75. Rebos Club, 12902 Occoquan Rd, Woodbridge  
7:00 PM Another Look O,D,WA,75. Franconia UMC, 6037 Franconia Rd, Alexandria  
6:00 PM Sunday Sanity O,D,K ,WA,90. Arlington Pres Church, 3507 Columbia Pike, Arlington

### Rock Creek Area

10:30 AM Sunday Morning Miracles O,D,WA. Psychiatric Institute of Washington (Auditorium), 4228 Wisconsin Ave NW  
12:00 PM Midday Meditations and Miracles O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW  
5:00 PM Me And My Monkey C,D,L. St. Margaret's Church Upstairs in Parlor, 1830 Connecticut Ave NW  
5:30 PM Progressive Recovery O,D,L,90. Luther Place Memorial, 1226 Vermont Ave NW

7:00 PM Clean On The Hill C,D. Capitol Hill UMC (enter on 5th St, ring bell), 421 Seward Sq SE  
8:00 PM Footsteps O,D,S. Grace Episcopal Church (Between K & M Sts), 1041 Wisconsin Ave NW

### South Potomac Area

6:30 PM The Best Step & Tradition Meeting Around O,S/T. Carmody Hills Baptist Church, 6501 Seat Pleasant Dr, Carmody Hills-Pepper Mill Village

7:00 PM Closed Sunday C,V,S/T,90. Bells UMC, 6016 Allentown Rd, Suitland

### Tri-County Area

2:00 PM Walk the Walk O,D. Immaculate Conception Church Hall, 28297 Old Village Rd, Mechanicsville  
7:00 PM Basket Case O,D,75 (60 last Sun.). St Andrew's Church (Rt 4 S) 44078 St Andrew's Ch Rd, California  
7:30 PM Stepping Into Traditions & Concepts O,D,S/T. St Joseph's Church, 4590 St Joseph Way, Pomfret  
7:30 PM Another Chance O,WA,B. Calvert Memorial Hospital (Rms 2 & 4 Basement Cafeteria), 100 Hospital Rd, Prince Frederick

## MONDAY

### Battlefield Area

7:00 PM Grateful Heads O,D,B. St Marks UMC (@ Leland Ave; meeting downstairs), 7803 Well St, Manassas  
8:30 PM Getting Centered O,D. Church of the Ascension, 13941 Braddock Rd, Centreville  
8:30 PM Learning How to Live O,D. Gainesville Presbyterian Church, 16127 Lee Hwy, Gainesville

### Central Maryland Area

7:00 PM It Works: How and Why C,WA,I,H,75. Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt  
7:00 PM Laurel Basics 1-2-3 O,WA,A. Laurel Regional Hospital (2nd fl, PRC Room), 7100 Contee Rd, Laurel  
8:00 PM Hope Fiends O,WA,A,90. Prince George's Hospital (1st Fl Auditorium), 3001 Hospital Dr, Cheverly

### District of Columbia Area

12:00 PM Noon at the Shack O,D,WA,90. Emory House 1725 Lincoln Rd NE  
12:00 PM New Hope Group O,D,WA,90. St. Martins Church, 1908 N Capitol St NW  
12:00 PM Courthouse Recovery O,D. First Trinity Luth Church (2 Fl. Library), 501 4th St NW  
6:30 PM Redlight Recovery S,T,Q,90. Walker Memorial Baptist Church, 2020 13th St NW  
7:00 PM New Endeavors Women's Rap. O,N,B,K,W. Randall Hgts. Apts (bsmt.), 4400 6th St SE  
8:30 PM Foggy Bottom Step O,Step. United Church of Christ, 1920 G St NW

### Dulles Corridor Area

12:00 PM NA at Noon O,J,D. Ashburn Presbyterian Church 20962 Ashburn Rd., Ashburn  
6:30 PM Exact Nature Men's Meeting O,D, M, WA,J,75. Riverside Presbyterian Church 46040 Center Oak Plaza Sterling  
7:30 PM The Journey Continues O,D,L 60, St. David's Episcopal Church, 43600 Russell Branch Pkwy., Ashburn  
8:00 PM Free To Live O,N,WA,H,75. St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling

8:30 PM Tribe of Recovery O,D,J. Loudoun Club 12, 58 Sycolin Rd, Leesburg

### East of the River Area

8:30 AM Let Go and Let God J,F,T Church of the First Born, 2451 Ainger Pl. SE (M,T,W,TH,F), 75  
10:00 AM Fresh Start O,D,90. St Luke's Ctr (Mon, Wed & Fri), 4923 E Capitol St SE  
1:30 PM Let Go and Let God, O,D Church of the First Born, 2451 Ainger Pl SE  
3:30 PM Let Go and Let God, O,D Church of the First Born 2451 Ainger Pl SE  
6:00 PM Beginner's Steps O,A. Mt Moriah Baptist Church, 1636 E Capitol St NE  
6:00 PM HOW O,P,I,A,90. Congress Heights Comm Ctr (2nd Fl.), 3720 Martin Luther King Jr Ave SE  
8:00 PM Monday Night Step O,A,90. St Luke's Center (@ 17th St), 4923 East Capitol St SE

### Frederick Area

12:00 PM Noon Group O,WA,B,J. Kemp Hall, 4 E Church St, Frederick  
7:00 PM Monday Night Miracles by Candlelight O,D,WA,B,J. Grace Trinity United Church of Christ, 9501 Baltimore Rd, Frederick  
7:30 PM Addicts Only C. Concordia Lutheran Church, 17906 Garden Lane, Hagerstown  
7:30 PM The Journey Continues C,L. Kemp Hall, 4 E Church St, Frederick  
8:00 PM Late But Straight O,V. Beth Shalom Community Center, 1011 N. Market St, Frederick

### Montgomery Area

12:00 PM Freedom in the Village O,D,B WA, Christ the Servant Lutheran 9801 Centerway Rd, Montgomery Village  
12:00 PM NA at Noon O,WA,J. Christ Congregational Church, 9525 Colesville Rd, Silver Spring  
4:00 PM New Way of NA O,L. Rockville Metro Club, 12319 Washington Ave, Rockville  
7:00 PM Illness in Recovery O,D,WA,L. Millian Memorial UMC, 13016 Parkland Dr, Rockville  
7:15 PM Step Working Addicts Group O,G. Rockville United Church 355 Lithicum St Rockville  
7:30 PM Beginning Miracles O,E,A. Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase  
7:30 PM Thurmont Group C,60. Morning Star Church 14698 Albert Staub Ct., Thurmont  
8:00 PM Oasis O,D,S. Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg  
8:00 PM Monday Miracles O,D,S,90. Montgomery Hills Baptist Church, 9727 Georgia Ave, Silver Spring  
8:30 PM Creative Action of the Spirit O,L. Transfiguration Episcopal, 13925 New Hampshire Ave, Silver Spring  
8:30 PM Keys To Recovery O,A,D. Veirs Mill Baptist Church (Rm 209), 12221 Veirs Mill Rd, Silver Spring

## NORVANA

- 6:30 PM *Women's Choice* O,D,W,75. Fairlington Presbyterian Church, 3846 King St, Alexandria
- 7:00 PM *In The Heart Of* O,D,WA,90. Charles Houston Rec Center, 901 Wythe St, Alexandria
- 7:00 PM *Just For Today Meditation* O,WA,I,90. Ashlawn Building, 4921 Seminary Rd, Alexandria
- 7:00 PM *Step and Tradition Blues* O,S/T. St. Alban's Episcopal Church, 6800 Columbia Pike, Annandale
- 7:00 PM *The Cracker Box* O,D,WA. Fairfax Presbyterian Church, 10723 Main St, Fairfax
- 8:00 PM *Step Over the Hump* O,S,WA,75. Prince William Homeless Shelter, 14945 Jefferson Davis Hwy, Woodbridge
- 8:00 PM *Monday Night Freedom O,D,L,NO WA*, Bush Hill Presbyterian Church 4916 Franconia Rd Franconia

## Rock Creek Area

- 12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
- 7:30 PM *La Magia* O,L St Stephen's Church 1530 Newton Street NW
- 7:15 PM *O St Women's Rap* O,L. Dupont Circle Club 1623 Connecticut Ave NW
- 8:30 PM *Living Proof* O,D,WA,L. St Columba's Episcopal Church (Rm 206), 4201 Albermarle St NW

## South Potomac Area

- 7:30 PM *Monday Night Step* O,S,90. Unity Presbyterian Church, 4401 Brinkley Rd, Camp Springs

## Tri-County Area

- 12:00 PM *NA in the Day* O,V. Body of Christ Church, 12379 Kaine Place, Waldorf
- 7:00 PM *Cover To Cover* O,D,WA,B,75. St Andrew's Church (Rt 4 S), 44078 St Andrew's Church Rd, California
- 8:00 PM *A New Lease on Life* O,L. Jude House, 9505 Crain Hwy S, Bel Alton
- 8:00 PM *Time To Change* O,S,D. Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf

## TUESDAY

### Battlefield Area

- 7:00 PM *Dopeless Hopefiends* O,J. Warrenton Baptist Church (6th St), 123 Main St, Warrenton
- 8:00 PM *Just For Today* O,D,J. St Marks UMC (Leland Ave)(downstairs), 7803 Well St, Manassas
- 8:30 PM *Making a Difference* O,D Bull Run UUC (church street) 9350 Main Street, Manassas 20110

### Central Maryland Area

- 7:00 PM *Firm Believers* O,WA,A,90. Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden
- 7:30 PM *AWOL* O,D. Greenbelt Community Church 1 Hillside Road, Greenbelt
- 7:30 PM *Serenity on Sandy Spring* O,D,S. Holy Trinity Church, 7607 Sandy Spring Rd, Laurel
- 8:00 PM *Just Relationships* O,D,WA,75. Laurel Municipal Pool, 901 Main St, Laurel
- 8:00 PM *Shot of Hope* O,D,WA. Mt Rainier Christian Church (Bunker Hill Rd), 4001 33rd St, Mt Rainier

### District of Columbia Area

- 12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
- 12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW
- 1:00 PM *Head to the Sky* O,A. St Aloysius Church (Side entrance), 900 N Capitol St NW
- 6:30 PM *Freedom To Change* O,A,90. St Martin's Church, 1908 N. Capitol St NE
- 5:30 PM *A New Way of Living* O,D,WA. Patsy Hartsfield Community Center (3<sup>rd</sup> Fl.), 2026 Maryland Ave NE

- 6:30 PM *Steps to the Courthouse* O,S,90. St Mary's Church (G St entrance), 717 5th St NW
- 7:00 PM *New Way* O,D,WA. Clean and Sober St, 425 2nd St NW
- 7:00 *One Promise, Many Gifts* O,S,T,WA,908:00 PM *Rose Hill Recovery* O,J,D,75. *Bush Hill Presbyterian Church*, 4916 *Franconia Rd, Franconia* St Johns Christian Church, 2801 Stanton Rd SE

### Dulles Corridor Area

- 7:00 PM *How it Works* S,L. Reston Community Center, 2310 Colt Neck Rd, Reston
- 7:30 PM *Bottom of the Mountain* O,D. St. Andrew's Presbyterian Church, 711 W. Main Street, Purcellville
- 8:00 PM *New Attitudes* O,D,WA,70. Sterling UMC (no children, side bldg), 304 E Church St, Sterling

### East of the River Area

- 8:30 AM *Let Go and Let God*, J,F,T Church of the First Born, 2451 Ainger PI SE
- 1:30 PM *Let Go and Let God*, O,D Church of the First Born, 2451 Ainger PI SE
- 3:30 PM *Let Go and Let God*, O,D Church of the First Born, 2451 Ainger PI SE
- 6:30 PM *Give Yourself a Chance* O,D. Holy Christian Missionary Baptist Church, 5110 Burroughs Ave NE

### Frederick Area

- 12:00 PM *Noon Group* O,WA,B,J. Kemp Hall, 4 E Church St, Frederick
- 7:00 PM *Vision of Hope* O,D. The Club, 400 E Church St, Frederick

### Montgomery Area

- 12:00 PM *New Way of NA* O,J. Rockville Metro Club, 12319 Washington Ave, Rockville
- 12:00 PM *Freedom in the Village* O,D,P,WA Christ the Servant Lutheran Church 9801 Centerway Rd Montgomery Village
- 12:00 PM *NA at Noon* O,WA,J. Christ Congregational Church, 9525 Colesville Rd, Silver Spring
- 5:30 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville
- 7:00 PM *Lie is Dead* O,D,A. Rockville UMC (Enter back of church thru daycare door, upstairs, last door on right), 112 W Montgomery Ave, Rockville
- 7:30 PM *All About Change* O,D,WA,90. Seneca Creek Community Church (use front entrance), 13 Firstfield Rd, Gaithersburg
- 8:00 PM *Un Nuevo Mode de Vivir* O,D,Spanish, Eastern Middle School Media Center-201, 300 University Blvd, East, Wheaton
- 8:00 PM *Meetin' in Wheaton* C,S/T,90. Hughes Methodist, 10700 Georgia Ave, Silver Spring

## NORVANA

- 6:30 PM *Recovery at Walter Reed* O,D,90. Walter Reed Recreation Center, 2909 S 16th St, Arlington
- 7:00 PM *U Can Too* O Gartlan Center Door C-3, 8119 Holland Dr Alexandria 22306
- 7:00 PM *NA in LA* O,D,S,WA,90. Lee Ctr, 1108 Jefferson St, Alexandria
- 7:00 PM *Choose Life* O,D. Unity Club, 116-B W Broad St, Falls Church
- 7:15 PM *Edsall Park* C,D. St John's UMC, 5312 Backlick Rd, Springfield
- 7:30 PM *At the Top of the Hill* O,A. St Paul's UMC, 1400 G St, Woodbridge
- 7:30 PM *NA at Fort Belvoir* O,D,90. Fort Belvoir Hospital (rm 0332), Telegraph Rd and US Rt. 1, Fort Belvoir
- 7:30 PM *Clean For Today* O,J,WC. Holy Comforter Episcopal Church 543 Beulah Rd. NE, Vienna
- 8:00 PM *Rose Hill Recovery* O,J,D,75. Bush Hill Presbyterian Church, 4916 Franconia Rd, Franconia
- 8:30 PM *Comfort Zone* O,A,D,WA. St. George's Episcopal Church (Parish Hall), 915 N. Oakland St. Arlington

### Rock Creek Area

- 12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
- 7:00 PM *Stepping Out of Trouble into Study* C,G,90. Plymouth Cong. Church, 5301 North Capitol St NE
- 7:30 PM *Glad to be Alive* O,S,WA. St. Paul's Lutheran Church, 4900 Connecticut Ave NW
- 7:45 PM *New Life Recovery* O,D,A. First Baptist Church (enter O btwn 16th & 17th), 1328 16th St NW
- 8:30 PM *Fire Barrel* O,D,WA. Psychiatric Institute of Washington (Auditorium), 4228 Wisconsin Ave NW
- 8:30 PM *Dupont Circle NA* O,D. Dupont Circle Club, 1623 Connecticut Ave NW

### South Potomac Area

- 6:30 PM *Search For Serenity* O,WA,A,J. Prince George's Health Dept (D Leonard Dyer Regional Health Ctr), 9314 Piscataway Rd, Clinton
- 7:30 PM *Keep Coming Back* O,A,S,I,90. St Barnabas Church, 5203 St Barnabas Rd, Temple Hills

### Tri-County Area

- 7:00 PM *Living Clean* O,D,L,WA. St Paul's UM Church (Classroom #8), 25550 Point Lookout Rd, Leonardtown
- 7:00 PM *Visions Without Limits* O,D,S,T Eugene Chaney Training Center 12200 Acton Ln, Waldorf
- 7:30 PM *Off Campus Recovery* O,D,WA. Grace Lutheran Church (Rts 6 & 488), 1200 Charles St, La Plata
- 7:30 PM *Life Recovery* O,V. South Community Center, 20 Appeal Lane, Lusby
- 8:30 PM *Canopy Recovery* O,D. Church of the Ascension, 21641 Great Mills Rd, Lexington Park

## WEDNESDAY

### Battlefield Area

- 7:00 PM *Solid Foundation* O,D,WA. St. Marks Methodist (Leland Rd), 7803 Well St, Manassas
- 8:00 PM *Alive & Free* O,D,J,WA Culpeper Regional Hospital 501 Sunset Ln, Culpeper
- 8:30 PM *Welcome Home* O,D,E. Bull Run UUC (Church St)(downstairs), 9350 Main St, Manassas

### Central Maryland Area

- 7:00 PM *Women do Recover* O,D,S,T,W,WA. St. Marks Church (8th & West St), 601 8th St, Laurel
- 7:00 PM *Back to the Basics* O,WA,B. 9032 Baltimore St, Md
- 7:00 *New Wave* O,D 90 Glenarden Town Hall (2<sup>nd</sup> floor), 8600 Glenarden Pkwy, Glenarden
- 7:30 PM *Steps to Recovery* O,S,WA,B. Lion of Judah Church (rear of building), 9901M Business Parkway, Lanham-Seabrook
- 8:00 PM *STAR* O,D,S/T. First UMC (5th St), 424 Main St, Laurel
- 8:00 PM *Freedom Net* O,S/T, WA 1260 Benning Road Capitol Heights

## District of Columbia Area

- 12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW
- 12:00 PM *Courthouse Recovery* O,D. First Trinity Luth Church (2 Fl. Library), 501 4th ST NW
- 12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
- 6:00 PM *Just For Today* O,J. Mount Moriah Baptist Church, 1636 E. Capitol St NE
- 6:30 PM *Way Out Recovery* O,A,90. St Martin's Church, 1908 N. Capitol St NW
- 7:00 PM *Ultimate Weapons* C,S,T. Johnson Memorial Baptist Church, 800 Ridge Rd SE
- 7:00 PM *Into Action* O,D,WA. Clean and Sober St, 425 2nd St NW

### Dulles Corridor Area

- 12:00 PM *NA at Noon* O,J,D. Ashburn Presbyterian Church 20962 Ashburn Rd., Ashburn
- 7:00 PM *Girlfriends* O,I,W,WA. Saint Matthews Episcopal Church, 201 E. Frederick Dr., Sterling, VA
- 7:00 PM *Survivors* O,D,WA. Community Center (Hunters Woods) (Room A), 2310 Colts Neck Rd, Reston
- 8:30 PM *New Hopefuls* O,V,WA. St. Timothy's Episcopal Church (upstairs), 432 Van Buren St, Herndon

### East of the River Area

- 8:30 AM *Let Go And Let God*, J,F,T Church Of The First Born 90, 2451 Ainger Place SE
- 10:00 AM *Fresh Start* O,D,90. St Luke's Ctr (M,W,F), 4923 E Capitol St SE
- 1:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE
- 3:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE
- 6:00 PM *HOW* O,P,I,A,90. Congress Heights, 1649 Good Hope Rd, SE
- 6:30 PM *A New Gift Called Life* O,D,90. Grace Memorial Baptist Church (in rear), 2407 Minnesota Ave SE
- 8:00 PM *Wednesday Night Live* O,S,Q,L,90. St Luke's Ctr, 4923 E Capitol St SE
- 8:00 PM *Men's Rap* O,D. St Luke's Ctr, 4923 E Capitol St SE

### Frederick Area

- 12:00 PM *Noon Group* O,WA,B,J. Kemp Hall, 4 E Church St, Frederick
- 7:30 PM *Principles Before Personalities* O,WA,D. Frederick Community Center (Cafeteria), 100 S Market St, Frederick
- 7:30 PM *Welcome to Life* O,D. Jefferson United Methodist Church (Rt 180), 3882 Jefferson Pike, Jefferson

### Montgomery Area

- 12:00 PM *Freedom in the Village* O,D,I,WA Christ the Servant Lutheran Church 9801 Centerway Rd, Montgomery Village
- 12:00 PM *NA at Noon* O,WA,J. Christ Congregational Church, 9525 Colesville Rd, Silver Spring
- 4:00 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville
- 7:00 PM *Fresh Air* C,WA,B. Cedar Lane UUC, 9601 Cedar Ln, Bethesda
- 7:00 PM *Focus on Women* O,W,G,H Warner Memorial Pres Church, 10123 Connecticut Ave, Kensington
- 7:30 PM *Never Alone* O,D,WA,J. Christ the Servant Lutheran Church (Mont.Village Ave & Centerway Rd), 9801 Centerway Rd, Montgomery Village
- 7:30 PM *Wednesday's Willingness* O,S/T,90. 8818 Georgia Ave SS (social service building)
- 8:00 PM *Another Way* O,J. Prince of Peace Lutheran Church (small bldg in back), 11900 Darnestown Rd, Gaithersburg

8:00 PM *People's Recovery* O,A,D,WA.  
People's Community Baptist Church (Next door), 41 Norwood Rd, Silver Spring

### NORVANA

7:00 PM *Stepping Out of the Hole* O,S/T,WA,90. Cora Kelly Rec Center, 25 Reed Ave, Alexandria  
7:00 PM *Plan B* O,A,D. Unity Club, 116-B W Broad St, Falls Church  
8:00 PM *Came to Believe* O,S/T,B. Cameron UMC, 3130 Franconia Rd, Alexandria  
8:00 PM *Over the Hump* O,D,WA. Prince William Homeless Shelter, 14945 Jefferson Davis Hwy, Woodbridge

### Rock Creek Area

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW  
7:00 PM *Southwest Free Way* C,L,WA. Westminster Presbyterian Church, 400 I St SW  
7:00pm *Women Stepping Up* O,S,W St. Margaret's Church 1830 Connecticut Ave NW (rear upstairs)

8:00 PM *Conscious Contact Step* C,S,WA. Chevy Chase Presbyterian Church, 1 Chevy Chase Circle NW  
8:30 PM *Conscious Contact Beginners* O,A,D,WA. Wesley UMC (@ Jenifer St), 5312 Connecticut Ave NW

### South Potomac Area

7:30 PM *Clean Being* O,D,WA. Unity Presbyterian Church, 4401 Brinkley Rd, Camp Springs

### Tri-County Area

12:00 PM *NA in the Day* O,V. Body of Christ Church, 12379 Kaine Place, Waldorf  
7:00 PM *Tower of Power* O,WA,J. Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland  
7:00 PM *Positive Alternative* O,D,WA. Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf  
7:30 PM *Life Support* O,D,WA. Callaway Baptist Church (bldg next to church), 20960 Point Lookout Rd, Callaway

## THURSDAY

### Battlefield Area

8:00 PM *Ties That Bind Us* O,D,WA. Warrenton Bible Fellowship, 46 Winchester St, Warrenton  
8:30 PM *The Ultimate Weapon* O,K,D,L Bull Run UUC, 9350 Main St, Manassas

### Central Maryland Area

12:00 PM *Not High Noon* O,D,S/T,WA. Greenbelt Step Club, Greenbelt Community Church, 1 Hillside Road Greenbelt  
7:00 PM *Journey into the Steps* O,S,WA,B,90. Abyssinia Baptist Church, 4705 Addison Rd, Capitol Heights  
7:00 PM *Just For Today* O,D,WA. Laurel Regional Hospital, 7100 Contee Rd, Laurel  
7:30 PM *More Will Be Revealed* O,S,D. Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie  
7:30 PM *Come and Get It* A,J. Greater Beulah Baptist Church, 6056 'Old' Central Ave, Capitol Hgts.  
8:00 PM *Spiritual Awakenings* O,WA,B. Oshe Shalom Synagogue, 7515 Olive Branch Way, Laurel  
8:15 PM *How Ya Livin?* O,T,WA,75. 180 Degree Club, 5100 Baltimore Ave, Hyattsville

### District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE  
12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW  
1:00 PM *Head to the Sky* O,D. St Aloysius Church, 900 North Capitol St NW  
6:30 PM *Steps on the Hill* O,Step,75. Mount Moriah Baptist Church, 1636 East Capitol St NE

7:00 PM *Beginning of Life Group* O, WA; First Baptist Church 712 Randolph Street NW

7:00 PM *Stone Soul Recovery* O,D,S,90. Festival Center, 1640 Columbia Rd  
7:00 PM *Daily Principles* O,S/T,WA,90. St. Francis DeSales Church (rear) 2021 Rhode Island Ave NE  
8:00 PM *Just For Today* O,I Augustine's Ctr, 1419 V St NW

### Dulles Corridor Area

7:30 PM *Keyhole To Recovery* O,I. Galilee UMC (Rt 7 & Rt 28), 45425 Winding Rd, Sterling  
8:00 PM *Steps on the Corner* O,D,S,I. Bethany Methodist Church 100 East Main St Purcellville  
8:15 PM *Living Clean* O,D,I Loudoun Club 12, 58 Sycolin Rd, Leesburg  
8:30 PM *Common Thread* O,A. Unity Life Church, 4444 Brookfield Corp Dr, Chantilly

### East of the River Area

8:30 AM *Let Go And Let God*, J,F,Y Church Of The First Born 90, 2451 Ainger Place SE  
1:30 PM *Let Go And Let God*, O,D Church Of The First Born 90, 2451 Ainger Place SE  
3:30 PM *Let Go And Let God*, O,D Church Of The First Born 90, 2451 Ainger Place SE  
6:30 PM *Under New Management* Hored Baptist Church 5312 C,S/T,WA. First Baptist Church, 3440 Minnesota Ave SE  
6:30 PM *Hope & Strength* O,D. Congress Heights Comm Ctr, 3720 MLK Ave SE  
7:00 PM *50/50 Recovery* O,S/T,WA. Bethlehem Baptist Church, 2458 Martin Luther King Jr Ave SE

### Frederick Area

12:00 PM *Noon Group* O,WA,B,J. Kemp Hall, 4 E Church St, Frederick  
7:00 PM *Inner City* O,WA,A. Frederick Community Center, 100 South Market St, Frederick  
7:30 PM *Thursday Night Candlelight* O,E. St Joseph's Church, 5843 Manor Woods Rd, Frederick  
7:30 PM *Off the Beaten Path* O,D. St. James Episcopal Church (Main Bldg upstairs), 1307 North Main St, Mt Airy

### Montgomery Area

12:00 PM *New Way of NA* O, J. Rockville Metro Club, 12319 Washington Ave, Rockville  
12:00 PM O,D,WA,F Christ the Servant Lutheran Church 9801 Centerway Rd Montgomery Village  
12:00 PM *NA at Noon* O,WA,J. Christ Congregational Church, 9525 Colesville Rd, Silver Spring  
4:00 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville  
7:30 PM *Serenity in the Park* O,S/T,90. Mt Calvary Baptist Church, 608 N Horners Ln, Rockville  
8:00 PM *CrossRoads* O,D,WA. Montgomery General Hospital (6th Fl), 18101 Prince Phillip Dr, Olney  
8:00 PM *Making A Difference* O,D,WA Silver Spring Christian Reformed Church (@ Kemp Mill Rd, Rm 3), 1501 Arcola Ave, Silver Spring  
7:30 PM *Girls Night Out* W,O,L,V Transfiguration Episcopal Church 13925 New Hampshire Ave Silver Spring  
8:30 PM *Stepping Free* O,S. Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg

## NORVANA

7:00 PM *Glad To Be Back* O,D,90. Third Baptist Church, 917 Princess St, Alexandria  
7:30 PM *We Do Recover* O,D. Alexandria Substance Abuse Center, 2355 Mill Rd, Alexandria  
7:30 PM *Old Time Recovery* C,D. Langston-Brown Center, 2121 N. Culpeper St, Arlington  
8:00 PM *So Happy It's Thursday* O,D. Bush Hill Presbyterian Church, 4916 Franconia Rd, Franconia

### Rock Creek Area

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW  
5:30 PM *Whole Lava Love* F,O,D. St Stephen's Church (at 16<sup>th</sup> & Newton Sts), 1530 Newton St NW  
6:00 PM *Open Doors* O,D. St Martin's Church, 1908 N. Capitol St NW  
6:30 PM *Coming Out from the Bottom* O,A,K. Us Helping Us, 3636 Georgia Ave NW  
6:30 PM *The Journey Continues* L Mt. Hored Baptist Church 2914 Bladensburg Rd. NE 3<sup>rd</sup>. Floor  
7:00 PM *Meeting on the Avenue* O,D Wesley UMC (@Jennifer St, library on lower level) 5312 Connecticut Ave NW  
8:30 PM *Men's Rap* C,D,M. West Side Club, 1341 Wisconsin Ave NW  
8:30 PM *Prime Time* O,L,D. The Festival Center (free parking in rear), 1640 Columbia Rd NW

### South Potomac Area

7:00 PM *Bright Hope Group* O,D Carolina Missionary Baptist Church 9901 Allentown Rd Fort Washington 20743  
8:00 PM *Steps to Life* O,S,90. Oxon Hill UMC, 6400 Livingston Rd, Oxon Hill  
7:00 PM *Steps to Serenity* O,S. St. Nicholas Lutheran Church, 1450 Plum Point Rd, Huntingtown  
7:00 PM *Outsiders* O,D,S,T,WA. Church of the Ascension (Near Rescue Squad), 21641 Great Mills Rd, Lexington Park

### Tri-County Area

7:30 PM *Chaptico Under The Stars* O,D. King/Queen Parish Hall (Off Rt 234, east of circle), 37501 Zack Fowler Rd, Chaptico  
8:00 PM *Brandywine* O,D. Union Bethel Church, 6810 Floral Park Rd, Brandywine  
8:00 PM *Indian Heads* O,B. St James Episcopal Church (Rt 210 & Potomac Ave), 7 Potomac Ave, Indian Head

## FRIDAY

### Battlefield Area

6:30 PM *Gimmee Shelter* O,WA,I. Buckhall UMC, 10251 Moore Dr, Manassas  
7:00 PM *Alive & Free* O,D,A and tools of recovery Culpeper Regional Hospital, 501 Sunset Ln, Culpeper 22701  
8:30 PM *Keep It Simple* O,D. Bull Run UUC (Church St)(Downstairs), 9350 Main St, Manassas  
8:30 PM *Lighthouse* O,E,V The Meeting Place 26 South 3<sup>rd</sup> St, Warrenton

### Central Maryland Area

12:00 PM *One Promise NA Noon* O,K,WA,L. First Assembly of God Church, 1102 Montgomery St, Laurel  
7:00 PM *Friday Nite Live* C,S,T,WA. Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt  
7:00 PM *Miracles on Main* St O,D,WA. St. Philips Episcopal Church, 522 Main St, Laurel  
7:30 PM *Walk The Walk* O,WA,L. Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel

8:00 PM *Gateway To Recovery* O,S/T, 7411 Village Green Terr. Landover  
8:00 PM *New Start* O,D Queens Chapel United Methodist Church 7410 Old Muirkirk Rd Beltsville 20705  
10:00 PM *Keeping It Real* O,S,75. Cross Roads (2 Fl.), 102 Washington Blvd, Laurel

### District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE  
12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW  
12:00 PM *Courthouse Recovery* O,D. First Trinity Luth Church (2 Fl. Library), 501 4th ST NW  
6:00 PM *Decision and Choices* O,D,WA. HIPS, 1309 Rhode Island Ave NE  
7:00 PM *One Step at a Time* O,S/T,90. 14th and Decatur NW Bus Barn (Metro's community room), 4729 14th St NW  
7:00 PM *Lighthouse* O,D,75. Israel AME Church, 557 Randolph St NW  
7:00 PM *O Street Steps* 123 O,A,90. SOME (Dining Hall), 71 O St NW  
7:00 PM *Get It Right* C,D,L,90. Clean and Sober St, 425 2nd St NW  
7:15 PM *Dupont Circle NA* Dupont Circle Club, 1623 Conn. Ave. NW  
7:30 PM *Jump Start to Recovery* O,L,S,T,WA,90. 25 53<sup>rd</sup> Street NE  
8:00 PM *Yellow Brick Rd* O,D. Rm CG120 (bsmt) VA Medical Center, 50 Irving St NW  
8:00 PM *Help Somebody* O,A,75. Providence Hospital (St Catherine Hall), 1150 Varnum St NE  
8:30 PM *Trust Gay NA* Way C,D,90. Metro Community Church, 474 Ridge St NW

### Dulles Corridor Area

12:00 PM *NA at Noon* O,J,D. Ashburn Presbyterian Church 20962 Ashburn Rd., Ashburn  
7:00 PM *Bedrock* O,D. Loudoun Club 12, 58 Sycolin Rd, Leesburg  
7:30 PM *Gut Level* O,D,WA. A New Beginning, 4213 Walney Rd, Chantilly  
7:30 PM *Just For Today* O,WA,J,Z. Community Lutheran Church, 21014 Whitfield Pl, Sterling

### East of the River Area

8:30 AM *Let Go And Let God*, J,F,T Church Of The First Born 90, 2451 Ainger Place SE  
10:00 AM *Fresh Start* O,D,90. St Luke's Ctr (M,W,F), 4923 E Capitol St SE  
1:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE  
3:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE  
6:00 PM *Recovery & Relapse* O,D. Mt Moriah Baptist Church, 1636 E Capitol St NE  
8:00 PM *Relationships* O,D,90. Holy Comforter Church (Side entrance, basement), 1357 East Capitol St SE

### Frederick Area

12:00 PM *Noon Group* O,WA,B,J. Kemp Hall, 4 E Church St, Frederick  
7:30 PM *We Do Recover* C,V,Step. Carver Apts. Community Center 207 Lee Alley Frederick  
9:00 PM *Friday Night Candlelight* O,K,WA,E. Evangelical Lutheran Church, 26 East Second St, Frederick  
11:00 PM *Late Night Miracles* O,L,WA. 511 West South Street, Frederick

### Montgomery Area

12:00 PM *Freedom in the Village* O,D,WA,J. Christ the Servant Lutheran Church 9801 Centerway Rd, Montgomery Village  
12:00 PM *NA at Noon* O,WA,J. Christ Congregational Church, 9525 Colesville Rd, Silver Spring

4:00 PM *New Way of NA* O,L. Rockville Metro Club 12319 Washington Ave, Rockville  
 7:00 PM *Older Toddlers* O,S,WA. Cedar Lane UUC, 9601 Cedar Ln, Bethesda  
 7:30 PM *Upcounty NA* O,D,90. Emory Grove UM Church, 8200 Emory Grove Rd, Gaithersburg  
 8:00 PM *Live and Let Live* O,L. Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg  
 8:30 PM *Get Down* O,D,WA. Cedar Lane UUC, 9601 Cedar Ln, Bethesda  
 8:30 PM SYA O,D.  
 Norbeck Community Church, 2631 Norbeck Rd, Silver Spring  
 8:45 PM *Back to the Basics* O,WA,A. Kolmac Clinic (behind 7-11), 15932-B Shady Grove Rd, Gaithersburg

### NORVANA

7:00 PM *Recovery on the South Side* O,D,WA,90. Lee Center, 1108 South Jefferson St, Alexandria  
 7:00 PM *NA for Life* O,D,WA,90. Walter Reed Recreation Center, 2909 S 16th St, Arlington  
 7:00 PM *Circle of Hope* D,W. St Johns UMC, 5312 Backlick Rd, Springfield  
 7:15 PM *Church Basement Recovery* O,D,WA,75. Arlington Baptist Church, 714 S Monroe St, Arlington  
 7:30 PM *One Route To Recovery* O,D,WA. Mount Vernon Hospital (ENGH Conf. Rm), 2501 Parkers Lane, Alexandria  
 7:30 PM *With or Without* C,D. St. Christopher's Episcopal Church, 6320 Hanover Ave, Springfield  
 8:00 PM *I'm Somebody* O,A,D,Z. Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean  
 8:30 PM *Better Here Than There* O,A,D,WA. Fairfax Hospital (PCC Bldg-2<sup>nd</sup> floor), 3300 Gallows Rd, Falls Church  
 8:30 PM *Simplicity is the Key* C,B. Unity Club, 116-B W Broad St, Falls Church  
 8:30 PM *Still Around* O,D,WA. Rebos Club, 12902 Occoquan Rd, Woodbridge

### Rock Creek Area

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW  
 8:00 PM *Clean Works* O,B. First Baptist Church of Washington (Church Parlor), 1328 16 St NW  
 8:00 PM *Solo Por Hoy* O,V,90. Neighbors' Consejo, 3118 16th St NW  
 10:00 PM *Late Nite Friday Nite* O,D,WA,75. St Alban's Church, 3001 Wisc. Ave NW  
 10:00 PM *Recovery Alley* C,D,Can. St Stephen's Church (corner of 16th & Newton), 1530 Newton St NW

### South Potomac Area

7:30 PM *Living the Program* O,M,S, WA,J,90. St. Barnabas Church, 5203 St. Barnabas Rd, Temple Hills  
 7:30 PM *Women Do Recover* O,S/T,W Bells UMC, 6016 Allentown Rd, Suitland  
 8:00 PM *Gateway to Recovery* O,S/T,90. , 7411 Village Green Terr, Landover  
 8:30 PM *Friday Night Free at Last* O,D,K,S,WA. Ft Washington Christian Church, 10900 Indian Head Hwy, Fort Washington

### Tri-County Area

6:00 PM *North Beach Group* O,V. Union Church, 8912 Chesapeake Ave, North Beach  
 7:07 PM 7:07 PM O,D,P. Trinity Lutheran Church (at S. Essex), 46707 S Shangri La Drive, Lexington Park  
 7:30 PM *Work 'Em Or Die* O,S,WA,B,90. Grace Lutheran Church (Rts 6 & 488), 1200 Charles St, La Plata

9:30 PM *Another Late Night* O,D,St Beacon of Hope 21681 Great Mills Ln Lexington Park

## SATURDAY

### Battlefield Area

7:00 PM *It Works, How and Why* O,L,S,T Gainesville Presbyterian Church 16127 Lee Hwy, Gainesville

### Central Maryland Area

12:00 PM *Just For Today* J,K,L,N,O 180 Degree Club, 5100 Baltimore Ave Hyattsville 20781  
 12:00 PM *Walking in the Spirit* O,D Turner Memorial AME Church 7201 16<sup>th</sup> Place Hyattsville 20783  
 5:00 PM *Fear to Faith* O,D,WA. Emmanuel United Methodist Church, 11416 Cedar Lane Beltsville  
 6:00 PM *Surviving Our Journey* C,L,G, WA,Hospital (Auditorium), 3001 Hospital Dr, Cheverly  
 7:00 PM *Gut Bucket* O,D,S/T,WA,90. Springhill Lake Recreation Center, 6101 Cherrywood Ln, Greenbelt  
 7:00 PM *How* O,D,WA,75. St Mary's School (Behind B/G Club), 114 St Mary's Place, Laurel  
 8:30 PM *Tracks to Recovery* O,D,WA,B. Unity Place, 8610 RailRd Ave, Bowie

### District of Columbia Area

9:00 AM *Better Way* O,D,V,WA,90. Emory House Clinic, 1725 Lincoln Rd NE  
 11:00 AM *I Can't We Can* O,T,A. Luther Place Memorial Church, 1226 Vermont Ave NW  
 11:30 AM *Men's Rap* O,D,WA. United Medical Center (Basement Auditorium), 1310 Southern Ave SE  
 11:30 AM *Women's Rap* W,90. Brentwood Rec Center, 2311 14th St NE  
 12:00 PM *Mount Olivet Recovery* O, WA. 1306 Vermont Ave NW  
 4:00 PM *Come Clean to Stay Clean* S,T,WA,90. St. Johns CME Church 2801 Stanton Rd. SE  
 6:00 PM *Uptown* O,D,90. Twelfth St Christian Church, 1812 12th St NW  
 6:00 PM *Work the Steps or Die* S/T,L,90. Twelfth St Christian Church, 1812 12th St NW  
 6:00 PM *11th Step Meeting* O,S,90. St Martin's Church, 1908 N. Capitol St NW  
 7:00 PM *Illness in Recovery* C,D,WA. Howard University Hospital (Rm 5E-17), 2041 Georgia Ave NW  
 8:00 PM *Gift of Life* O,A. St. Martin's Church, 1908 North Capitol St NW

### Dulles Corridor Area

7:00 PM *HOW* O,D. St Anne's Episcopal Church, 1700 Wainwright Dr, Reston  
 7:00 PM *Literally Speaking* O,L,H. Community Lutheran Church, 21014 Whitfield Pl, Sterling  
 7:30 *Journey to Freedom* O,D,W A *New Beginning Treatment Cntr* 4213 Walney Rd Chantilly  
 8:30 PM *Saturday Night Live* O,V,WA, Community Lutheran Church, 21014 Whitfield Pl, Sterling

### East of the River Area

7:00 PM *818 Miracles* O,S/T,WA,90. Christ Love Baptist Church, 818 Bladensburg Rd NE

### Frederick Area

9:00 AM *Women's Rap* O,D,W,90. Kemp Hall, 4 East Church St, Frederick  
 9:00 AM *Kickin' it Raw* O,D,M,90. Kemp Hall, 4 East Church St, Frederick  
 12:00 PM *Noon Group* O,WA,B,J. Kemp Hall, 4 E Church St, Frederick  
 6:30 PM *Downtown Recovery (Writing Meeting)* C,K. Kemp Hall, 4 East Church St, Frederick  
 7:30 PM *Off the Beaten Path* 2 O,B. St. James Episcopal Church, 1307 North Main St, Mt Airy  
 8:00 PM *Saturday Night Special* O,S,WA. Good Shepherd Lutheran Church, 1415 West 7th St, Frederick

### Montgomery Area

11:00 AM *Share On Saturday* O,WA,BT. Holy Cross Hospital (Private Dining Rm 1), 1500 Forest Glen Rd, Silver Spring  
 12:00 PM *Hugs not Drugs* O,V. Woodside United Methodist Church (Park in back) 8900 Georgia Ave. Silver Spring  
 12:30 PM *Boyz 2 Men* O,M., Holy Cross Hospital (private dining room 1), 1500 Forest Glen Rd., Silver Spring MD  
 2:00 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville  
 4:00 PM *IP@4* O,P,WA Silver Spring Reformed Church at Kemp Mill Rd, 1501 Arcola Ave, Silver Spring  
 5:30 PM *SOS* O,D. Rockville Presbyterian Church, 215 W. Montgomery Ave, Rockville  
 7:00 PM *A Good Deal* O,D. St John's Lutheran Church (Fellowship Hall), 4629 Aspen Hill Rd, Rockville  
 7:30 PM *Fresh Start* O,D,WA,75. Shady Grove Adventist Hospital (Left of Emergency Room), 9901 Medical Center Dr, Rockville  
 8:00 PM *Speakeasy* O,D. Calvary Lutheran Church 9545 Georgia Ave, Silver Spring  
 10:00 PM *Poolesville 12* O,S/T. St Peter's Episcopal Church, 20100 Fisher Ave, Poolesville

### NORVANA

11:00 AM *Sisters in Recovery* V,W,90. Fairlington Presbyterian Church, 3846 King St, Alexandria  
 3:00 PM *Keep on Stepping Men's Rap* M,O,S,90. Charles Houston Recreation Center, 901 Wythe St, Alexandria  
 6:00 PM *Who Wants to Live* O,S/T,90. Gum Springs Community Center, 8100 Fordson Rd, Alexandria  
 7:00 PM *NA Pavilion* O,V,90. Greenbrier Baptist Church, 5401 7th Rd S, Arlington  
 7:00 PM *Free Yourself* O,D, 75 WA. Providence Presbyterian Church, 9019 Little River Turnpike, Fairfax  
 7:00 PM *Saturday Night Pre-Fights* O,D. Independence Club, 7043 Wimsatt Rd, Springfield  
 10:30 PM *Late But Straight* C,D,WA,90. Arlington Presbyterian Church, 3507 Columbia Pike, Arlington

### Rock Creek Area

7:00 AM *Saturday Morning Relief* O,S,B,90. Metro Community Church, 474 Ridge St NW  
 12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW  
 12:00 PM *Women's Step* C,W,S,90. St Martin's Church, 1908 N Capitol St NW  
 12:00 PM *Saturday Surrender* O, D. First Baptist Church, 1328 16<sup>th</sup> St NW  
 7:30 PM *Hope Fiends* O,D,E. Luther Place Memorial Church (at N St, in library), 1226 Vermont Ave NW  
 8:00 PM *Beachcomber's Electric Coffee Test* C,D,B. St Alban's Ch (Saterlee Hall), 3001 Wisconsin Ave NW  
 11:00 PM *Stayin' Alive* O,D. St. Margaret's Church Enter thru driveway behind church, upstairs, 1830 Connecticut Ave NW

### South Potomac Area

10:00 AM *Spiritually Speaking* S,L,90. Unity Presbyterian Church, 4401 Brinkley Rd, Camp Springs  
 12:00 PM *Walking in the Spirit* O,D Turner Memorial A.M.E Church 7201 16<sup>th</sup> Place Hyattsville 20783  
 7:30 PM *Keep it Simple* O,S/T,90. St Barnabas Church, 5203 St Barnabas Rd, Temple Hills

### Tri-County Area

9:15 AM *Healthy Relationships Men's Rap* M 4075 Gordon Stinnet Blvd Chesapeake Beach  
 10:30 AM *Healthy Relationships Women's Rap* W 4075 Gordon Stinnet Blvd Chesapeake Beach  
 12:00 PM *Recovery in the Park* Beacon of Hope Center, 21800 North Shangri La Drive, Lexington Park  
 7:00 PM *It's A We Thing* O,D,St,T,WA,90. St Paul's UMC (Brubecker Hall), 25550 Point Lookout Rd, Leonardtown  
 7:00 PM *Tower of Power* O,D,WA. Mount Hope Community Center, 100 Pushaw Station Rd, Sunderland  
 7:00 PM *Making Miracles* O,D,WA,90. Good Shepherd Church, 305 Smallwood Drive, Waldorf  
 10:30 PM *Serenity Group* O,D,St,A,E,WA. Good Shepherd Church, 305 Smallwood Drive, Waldorf

### People I can call...

---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---

**Keep coming back!**